



Cosmetic Surgery Clinics
 31542 Pacific Coast Hwy.
 Laguna Beach, CA 92651
 Telephone: (949) 499-3915

**MEDICATIONS TO BE AVOIDED FOUR WEEKS BEFORE
 AND TWO WEEKS AFTER SURGERY
 INCLUDE ALL ANTIHISTAMINES & NON STEROIDALS**

**ASPIRIN AND IBUPROFEN CONTAINING MEDICATIONS
 (It is important to avoid these medications, because they
 thin the blood and can cause complications.)**

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|----------------------|--------------------|--------------------|--------------------------|
| AC CUTANE (6 months) | CP-Z | PAC | SPARINE |
| ADVIL | CLINORIL | PAMELOR | STANBACK TABS & POWDER |
| ALEVE | CONTACT | PARODYNE ANALGESIC | ST. JOSPH'S BABY ASPIRIN |
| ACCUTRIM | CORICIDIN | PEPTO BISMOL | SUPAC |
| ACTIFED | COUMADIN | PERCODAN | SURMONTIL |
| ADAPIN | DARVON | PERSANTINE | SYSLGOS |
| ALKA SELTZER | DIMETANE | PERSISTIN | TALWIN |
| ANACIN | DIMETAPP | ROBAXISAL | TELANIL TANTAB |
| ANSAID | DURAGESIC | RUFFEN | TENUATE |
| ANAPROX | ECOTRINGEN | RU-TUSS | TEPANIL |
| ARGESIC | EMPRIN | MOMENTUM | THORAZINE |
| ARTHRALGEN | ENDEP | MOTRIN | TOFRANIL |
| ARTHRITIS PAIN | FLAGYL | MYSTECLIN F | TOLMETIN |
| FORMULA | DOLCIN | NAPROSYN | TORIDOL |
| ARTHROPAN | DRISTAN | NICOBID | TRILAFON |
| ASCRIPITIN | DURADYNE | NUPRIN | TENUATE OSPAN |
| ASPERCIN | DURADYNE-FORTE | MINOCIN | TETRACYCLINE |
| ASPERGUM | ETIARON | SAL-PAYNE CAPSULES | TOLECTIN |
| ATIVAN | EXCEDRIN | SELDANE | TRENDAR |
| AXOTAL | FELDENE | S-A-C TABLETS | TRIAMINICIN |
| BAYER | FIORINAL | SAIETO | TRIGESIC |
| BC TAB OR POWDER | 4-WAY COLD TABLETS | SALOCOL | URSINUS |
| BUFFERIN | GOODY'S TABLETS | SINEUTAB | URACEL |
| CAPRON CAPSULES | IBUPROFEN | SINEQUAN | VANQUISH |
| CHLORTRIMETON | INDOCIN | SK-65 COMPOUND | VIBRAMYCIN |
| CAMA | MEASURIN | SANBACK | VIOXX |
| COMPAZINE | MILAIN | STELAXINE | WAFARIN |
| CONGESPRIN | ORAFLEX | STENDIN | ZOMAX |
| COPE | PABIRIN | SINE-OFF | ZORPRIN |

HERBS: GINKO BILOBA, GINGER, SAINT JOHN'S WORT, FEVERFEW

VITAMINS: E, FISH OIL, GARLIC TABLETS

CHOLESTROL MEDICATIONS: To be stopped 2 weeks before surgery

IMPORTANT: All medications to be used for pain relief due to menstrual cycle and arthritis are to be avoided even if they are not on the above list. (Please notify us about all vitamins you are taking.)

Please be sure to notify the office of all medications you are taking. This includes all prescription and non-prescription medications.

THE FOODS LISTED BELOW CONTAIN SALICYLATES AND ARE TO BE EATEN IN MODERATION ONLY: ALMONDS, APPLES, APRICOTS, BERRIES (BLACK, BOYSENBERRY, RASBERRY, STRAWBERRY), CHERRIES, CUCUMBERS, PICKLES, CURRANTS, GRAPES, PRUNES AND TOMATOES, CHINESE BLACK BEANS, WINE, ALCOHOL

SPECIAL INSTRUCTIONS: _____

 PATIENT SIGNATURE

 WITNESS

 DATE