



Cosmetic Surgery Clinics
31542 Pacific Coast Hwy.
Laguna Beach, CA 92651
Telephone: (949) 499-3915

LASER RESURFACING
RECOVERY INSTRUCTIONS

Patient: _____ **MR#** _____

Laser date: _____

1. You will leave the office with antibiotic ointment on your face.
2. Remember to take your antibiotics and antivirals as directed DAILY.
3. The first night, gently clean the antibiotic ointment off your face, OR add more before retiring, if face is too sensitive to cleansing.
4. The following morning cleanse face gently, and reapply antibiotic ointment.
5. 2nd night repeat cleansing procedure, reapply antibiotic ointment.

DO NOT LET ANY SCABS DEVELOP ON YOUR SKIN!

6. After 2nd day, you may begin to cleanse your face as you normally would; using a Buff Puff (name brand, NOT necessary) (not for sensitive skin) gently to exfoliate the skin. You may use your own moisturizers. If your skin is not too dry, return to Antibiotic ointment, if skin is TOO tight and dry.

DO NOT LET ANY SCABS DEVELOP ON YOUR SKIN!

(You may use aspirin, Advil or Tylenol as needed for pain)

7. One week after laser treatment, please come to the office for the doctor to check your skin. Please call first to make sure we are here (afternoon is best).
8. Always use sunscreen, when in the sun. Avoid tanning lasered skin, until completely healed.
9. ANY problems, please feel free to call our office at (949) 499-3915.
10. The doctor will be more than happy to discuss ANY concerns you have.

Date: _____ Patient: _____ Instructed by: _____